



Television:

March 10, 2006 – Healthy Snacks, WHAS-11, ABC, Louisville KY
June 29, 2006 – Sports Nutrition 101, WHAS-11, ABC, Louisville, KY
August 27, 2006 – Staying Hydrated, WHAS-11, ABC, Louisville, KY
September 2, 2006 – Back to School Nutrition, WHAS-11, ABC, Louisville KY
November 20, 2006 – Healthy Holiday Eating, WHAS-11, ABC, Louisville KY
December 10, 2006 – Healthy Gift Ideas, WHAS-11, ABC, Louisville KY
January 3, 2007 – New Year's Resolutions, WHAS-11, ABC, Louisville, KY
February 2, 2007 – Nutrition expert for LL Cool J's Platinum Workout, Montel Williams Show, New York, NY
February 26, 2007 - Heart Healthy Satellite Media Tour

WTSP-CBS, Tampa-St. Pete
WNCN-NBC, Raleigh-Durham
KGAN-CBS, Cedar Rapids
WFMJ-NBC, Youngstown
KHGI-ABC, Lincoln & Hastings
WCTV-CBS, Tallahassee-Thomasville
WJFW-NBC, Wausau-Rhineland
KMEG-CBS, Sioux City
KODE-ABC, Joplin-Pittsburgh
WOAY-ABC, Bluefield-Beckley-Oak Hill
KAAL-ABC, Rochester-Mason
KOSA-CBS, Odessa-Midland
WUTR-ABC, Grand Junction-Montrose
KWNB-ABC, North Platte

March 6, 2007 – Nutrition without Calories, WHAS-11, ABC, Louisville, KY
May 23, 2007 – Inflammation-The Silent Killer, WHAS-11, ABC, Louisville KY
June 12, 2007 – Men's Health, WHAS-11, ABC, Louisville, KY
July 17, 2007 - Maintaining Proper Hydration, WHAS-11, ABC, Louisville KY
August 3, 2007 – Fruits and Vegetables for Breast Cancer, WHAS-11, ABC, Louisville, KY

Radio:

Listen to Dr. Chris Mohr weekly on Thursday mornings at 8:40 AM on [840 WHAS](#) in the greater Louisville area.

August 7, 2007 – Terry Meiners Show, 840 WHAS



Magazines/Newspapers (Sample of Features):

Dr. Mohr is the Sports Nutrition Advisor to *Men's Fitness Magazine*, is an editor for *Kentuckiana Health and Fitness*, and has written over 500 articles for magazines, websites, and newspapers.

He has been featured in [*Personal Fitness Professional*](#), and [*Kentuckiana Health and Fitness*](#), and in addition to writing articles for magazines such as *Men's Health*, *Men's Fitness*, *Weight Watchers*, *Fitness*, and others, he is regularly sought out by the media as an nutrition and fitness expert.